Special Items
- Medications (Ask your physician or pharmacist about storing prescription medications).
- Eye glasses.
- Denture supplies.
- Contact lenses and supplies.
- Important family documents (Keep in a waterproof container or zip lock bag).

Additional Items
(These items are not necessary to have in your kit but will improve it):
- Fire extinguisher
- Pliers
- Screwdrivers
- Hammer
- Saw
- Knife
- Axe
- Shovel
- Broom
- Compass
- Needle and thread
- Tube or pup tent

Clothing & Bedding
- One complete change of clothes per person.
- Sturdy shoes/boots
- Blanket or sleeping bag

Maintain Your Kit
- Change/Rotate stored water and food every six month.
- Update your Emergency Supply Kit once a year.

Things to do to Prepare for an Emergency
- Take a CPR and First Aid class (locally, check with the Bellville/Jefferson Township Fire Department).
- Make a list of important phone numbers and contacts for each family member to keep in a safe place.
- Make plans for emergency child care.
- Plan a meeting place.

Cell Phone?
- Do you have a battery backup for your smart phone?
- Remember: cell phone service may not work in a disaster situation; do not rely solely on your cell phone for news or information.

Additional Items
(These items are not necessary to have in your kit but will improve it):
- Fire extinguisher
- Pliers
- Screwdrivers
- Hammer
- Saw
- Knife
- Axe
- Shovel
- Broom
- Compass
- Needle and thread
- Tube or pup tent

Making Your Own Emergency Supply Kit

Be prepared for any type of disaster by planning ahead and having emergency supplies on hand. This handy guide provides you with the basic needs.
In any disaster you should prepare to be on your own for the first 72 hours before help arrives.

To make an emergency supply kit, assemble the items listed below and place them in a water-proof container like a plastic garbage can.

Water
- Three day supply of water (1 gallon per person per day).

Food
- Three day supply of food per person.

Some food items
- Canned meat, fruit, or vegetables
- Sugar
- Salt
- Flour
- Peanut Butter
- Peanuts
- Raisins
- Granola Bars
- Coffee/Tea
- Powdered Milk
- Canned Soup
- Vitamins
- Hard Candy
- Infant food or formula

First Aid Supplies
- N-95 masks (one for each person).
- Ibuprofen
- Acetaminophen

A first aid kit should contain at least the following:
- Sterile adhesive bandages (20)
- 5x9 sterile dressing (1)
- 3x3 sterile gauze (4-6)
- 4x4 sterile gauze (4-6)
- Hypoallergenic adhesive tape
- Triangular bandages (3)
- 2-inch sterile roller bandages (3)
- 3-inch sterile roller bandages (3)
- Scissors
- Tweezers
- Needle
- Antiseptic wipes
- Thermometer
- Laxative
- Cold pack
- Safety pins
- Sunscreen
- Aspirin
- Antacid
- Ipecac
- Antibacterial ointment
- Cleansing agent/soap
- Latex gloves (2 pair)
- Anti-diarrhea medication
- Activated Charcoal
- CPR breathing barrier

Tools and Supplies
- Battery-operated radio with extra batteries
- Flashlight with extra batteries
- Non-electric can opener
- Utility knife
- Whistle
- Waterproof matches
- List of contact names and phone numbers
- Plastic utensils
- Paper cups and plates or mess kit
- Aluminum foil
- Paper towels
- Large plastic trash bags
- Duct tape
- Wrench (to turn off gas/water)
- Cash

Sanitation Supplies
- Toilet paper
- Soap or liquid detergent
- Face Cloths or towels
- Feminine supplies
- Personal hygiene items (toothbrush, toothpaste)
- Infant supplies
- Household bleach