

Postal Customer

from the Health Commissioner

Members of the community,

We are pleased to offer this annual report as your Richland County, Ohio public health system.

The year produced certain challenges: year over year operating expenses were exceeding revenues. Members of the Board of Health and administrative team reviewed various programmatic efficiencies and made some difficult decisions. The primary care clinic was re-purposed to immunizations, travel vaccinations, sexually transmitted disease and infectious illness reporting and follow-up. Certain state-funded grant programs were re-evaluated based upon state requirements versus financial performance. In short, I am very happy to report that these changes are anticipated to provide RPH a path of sustainability through the year 2023. This means that RPH has reduced its current overhead to meet its operating expenses with NO additional taxes or levies to the community for the next 6 years.

The issues facing public health last year were just as challenging. RPH worked many hours with various community partners to complete an Ebola response plan. We have learned much from this very serious disease and RPH is more prepared to respond in such a crisis. In addition, the mosquito-borne Zika virus entered certain areas of the southern U.S. (esp. Miami, FL) and poses significant risk to pregnant mothers and their babies. RPH was awarded O-EPA limited funding to conduct mosquito trapping, surveillance and spraying within contracted communities.

In addition, RPH has been critical of the Infant Mortality rate for our community. RPH has gathered numerous community groups to assist us in improving the life expectancy of infants born in Richland County. I am pleased to report that specific 'safe-sleep' messages have been promoted throughout the community in 2016. The Richland County Youth and Family Council assisted us in this effort and provided funding for trained public health nurses to perform home visits with new moms/babies and stress the importance of safe sleep practices. More needs to be accomplished to safeguard the health of our babies.



Martin Tremmel

“As you can see, the climate of public health is dynamic.”

RPH is especially pleased with targeted initiatives and new business partnerships regarding overall wellness. Projects have included walking programs, bike trails, fountains promoting water first, exercise, healthy food choices, heart health and pre-diabetes. RPH has partnered with all of our local libraries and the Area Agency on Aging to provide blood pressure test kits for check-out at libraries. We have reached out to many businesses to offer a fee-for-service Corporate Wellness program with some early success. Our corporate partners are providing a work environment with healthy messages, base-line data and interventions to improve employee health. These programs can be used in discussions with health insurance companies when deciding percentage premium increase(s) for the next enrollment period.

As you can see, the climate of public health is dynamic. We appreciate all of your support on a daily basis and we are encouraged when a resident's critique of our process leads to an improvement to our operations.

All of my best for your continued health in 2017.

Martin J. Tremmel, RS, MPA, JD
Health Commissioner, Richland Public Health

Board of Health (2017)

Mansfield: Robert Exten, MD, Chair; John F. Leech, DDS; Matthew Maiyer, R.Ph.; Ary van Harlingen; Dave Remy; **Ontario:** Barbara Cinadr, RN; Della Phelps, RN; **County:** Thelda Dillon; Michael Keith, Steven Phillips, DVM; Janice Reed, RN, Ph.D; Jean Swartz; Violet Wetzell.



555 Lexington Ave., Mansfield, Ohio 44907
419-774-4500 · richlandhealth.org

For additional copies or inquiries, contact Reed Richmond, Health Education and Communications Specialist, 419-774-4726; rrichmond@richlandhealth.org

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your

Public Health

Zika! Rabies! Mercury!
Environmental Health's busy year

The Right Fit
4 out of 5

Child Car Seats
are installed wrong.
Find out how to
check yours!

**Stories &
Statistics
from 2016**

The WIC Advantage
More than an EBT Card

Fighting Chronic Disease
Blood Pressure Kits & Fitness Activities
Success stories in Health Education



Born in Ohio?

Richland Public Health
puts **Birth Certificate**
purchases online.

Safe Sleep

Richland Public
Health Nurses
urge putting babies
to bed correctly.

Getting Busy

Walking. Biking.
Jogging. Hiking.
Getting your fitness
fix in Richland.

Welcome to Richland Public Health

At Richland Public Health, we have always been and always will be putting the health and safety of Richland County citizens first and foremost in everything we do. This report highlights some of our 2016 success. Let us know how we're doing by filling out a survey at richlandhealth.org.

It's an Emergency!



For workers in **Environmental Health** it sometimes is.

If you list the duties of a Sanitarian in Environmental Health, you may not think there's much to get excited about. Inspections of restaurants, campgrounds, swimming pools, sewage treatment systems and solid waste. Pretty routine. But when you are tasked with Public Safety against harmful elements in the environment, you never know when an emergency may strike.

So sometimes the routine can become a touch more exciting, and 2016 had its share of adventure. It started in the spring when the mosquito spraying season took on additional concern with Zika virus, a new and potentially life-threatening mosquito-borne illness.

An increase in dog bites in the county caught the media's attention. In 2016, public awareness grew with every animal bite notice due to increased social media exposure.

In the fall, a residence in Mansfield was found to be contaminated with mercury. Again, the risk of exposure to the family and the environment caused the Health Department to spring into action, working with the Mansfield Fire Department and Ohio and U.S. EPA in clean-up.

All in a day's work. And some very early mornings and late nights, too.



Mosquito controls includes spraying to try to keep mosquito populations down. 501.7 miles sprayed. 372 mosquito traps set.



Food service inspections include mobile units at county and community fairs by our sanitarians.



The annual FREE rabies vaccine clinic is provided by Drs. Henry & Jody Akers and Dr. Laurie Hickox.

ENVIRONMENTAL HEALTH 2016 Highlights

Environmental Health directs a variety of programs that prevent, protect and educate our community about potentially harmful elements in our environment.

Food Services Inspections	2,408
Plumbing, Commercial	1,558
Plumbing, Residential	1,135
Private Water Systems	491
Rabies Control	665
Sewage Treatment Systems	850
Solid Waste	278
Swimming Pools, Spas	155
Vector Control	356
Totals All Contacts	9,395

Need a birth certificate and want it fast? If you were born in Ohio, go to richlandhealth.org, click the orange "Purchase Birth Certificates" button, fill in your information, and click the pay button.

To cover those people born in Ohio who moved out of state, Richland Public Health is advertising this service with Google™ Ads in Florida, Arizona, Kentucky, and Indiana, with more states to be added in 2017.

Coming soon: More forms fillable online and with mobile devices.

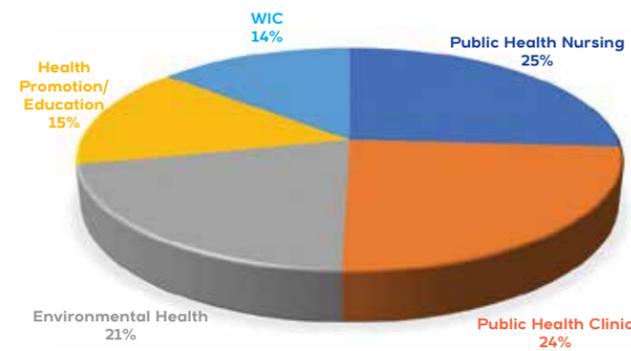


VITAL STATISTICS 2016 Highlights

The Vital Statistics division maintains records of all births and deaths in Richland County since 1908. For information on obtaining a birth or death certificate, see richlandhealth.org or call 419-774-4500.

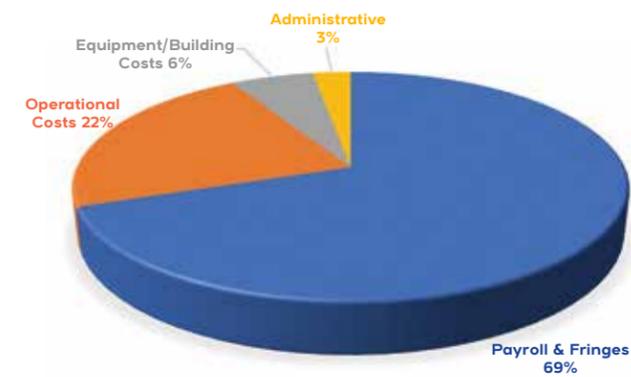
Total Deaths (excludes Shelby)	1,155
Death Certificates Issued	3,720
Total Births (excludes Shelby)	1,007
Births to Teens (Ages 13-19)	85
Birth Certificates Issued	5,249

Financial Information - 2016



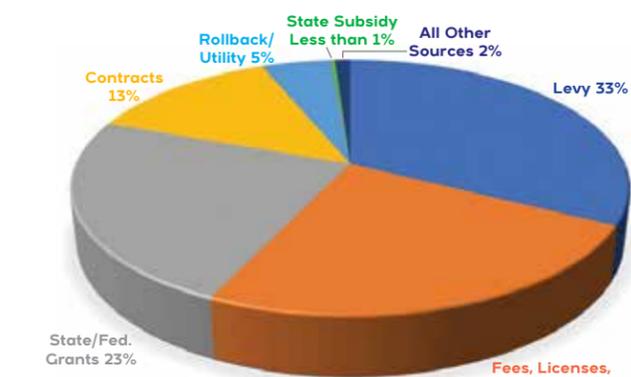
Program Expenses

PH Nursing	\$1,715,495
PH Clinic	\$1,610,376
Env. Health	\$1,395,626
Health Prom/Ed.	\$980,254
WIC	\$900,254
Vital Statistics	\$259,756
TOTAL	\$6,861,698



Expenses

Payroll/Fringes*	\$4,990,109
Operational Costs	\$1,589,908
Equipment/Building	\$408,975
Administrative	\$185,244
TOTAL (projected)	\$7,174,236



Revenue

Levy	\$2,299,478
Fees/Permits	\$1,661,615
State/Fed. Grants	\$1,615,370
Contracts	\$902,889
State Rollback/Util.	\$327,605
State Subsidy	\$21,771
All Other Sources	\$71,447
TOTAL (projected)	\$6,900,175

Expenditures for payroll-related expenses is normal for a Health Department our size. We employ health care professionals with a variety of specialized skills. The majority of these employees live and work in Richland County.

Richland Public Health Administration

Martin J. Tremmel, MPA, JD, Commissioner; **Daniel Burwell**, D.O., Medical Director; **Selby Dorgan**, LSW, Health Promotion/Education Director; **Richard Grega**, Esq., Director of Human Resources and IT; **Joe Harrod**, RS, Director of Environmental Health; **Tina Picman**, MS, RDL, WIC Director; **Amy Schmidt**, BSN, RN, Director of Nursing; **Kevin VanMeter**, Director of Fiscal Operations.

District Advisory Council

Meets annually in March to bring health concerns and recommendations to the Board of Health and to appoint new members from the county. Members include the chair of each township's board of trustees, village mayors, mayors of Mansfield and Ontario, and the chair of the Richland County Commissioners.

2017 Members: Townships - Bloomingrove: Kenneth Burrer • Butler: Jerrod Stuart • Cass: George Shepherd • Franklin: John McCarron • Jackson: Mark Wright • Jefferson: Robert McConkie • Madison: Daniel Fletcher • Mifflin: John Jaholnycky • Monroe: Michael L. Switzer • Perry: Larry Weirich • Plymouth: Ivan King • Sandusky: Thomas E. Glauer • Sharon: Dale L. Schroeder • Springfield: Robert W. Currens • Troy: Tom McCready • Washington: Jack Butler • Weller: Jake Stimpert • Worthington: Roger Oswalt.

2017 Mayors - Bellville: Teri Brenkus • Butler: Kenneth Kinley • Lexington: Eugene R. Parkison • Lucas: Todd Hall • Mansfield: Timothy L. Theaker • Ontario: Randy Hutchinson • Plymouth: Timothy W. Redden • Shiloh: Marilyn Hall. **Chair, County Commissioners** - Marilyn John.

At the forefront of community health, Richland Public Health promotes flu shots for everyone ages six months old and above. That includes seniors and juniors of all ages.

At health fairs throughout the year and at our own Neighborhood Immunizations and Community Health Screenings, Richland County residents have the opportunity to check their health at places close to where they live.

Healthy children are successful learners. Our Public Health Nurses in schools support the physical, mental, emotional, and social health of students and their success in the learning process.



Getting your fitness on. Clockwise from below: *Richland Walks* is a mall walking program that even tried out walking poles; *Just Walk Richland* kicked off a walking initiative with community walks and Facebook links for walks throughout Richland County; *Bike to Work* month is May, encouraging use of Richland's extensive biking trails; With Richland Public Health's help, downtown Mansfield installed bike racks for bicycle commuters; and the Fall and Winter *Hikes for Health* continue to be a popular option. Search richlandhealth.org for more about these programs or join the conversations on Facebook.

DIRECTION

Richland Public Health's direction is guided by community planning and carried out by a professionally-trained staff.



What's too old for a flu shot? The answer is never. Goldie Michalovich, talks with Health Commissioner Martin Tremmel as she waits to get her annual flu shot on her 101st birthday!

Public Health Nurses in Schools.



MOMENTUM

Moving forward. Richland Public Health is on the forefront of progress and innovation in public health and wellness programming for all Richland County residents.

Where to find us:

Website: richlandhealth.org
Facebook: Richland Public Health
Twitter: @RichlandHealth1
Instagram: RichlandHealth
YouTube: Richland Health



ACTION

Richland Public Health is a leader in creating original alternatives for a safer and healthier environment for work and play.



In 2016, Richland Public Health challenged Richland County residents to get active with a number of innovative measures through Health Promotion and Education's "Communities Preventing Chronic Diseases" and "Creating Healthy Communities" grants. In addition, local businesses are being asked to help create healthier employees through Richland Public Health's "Corporate Wellness" program.



Resident getting a blood pressure check from Public Health Nurse Teresa Miller at the Senior Health Fair.



Did you know that Richland Public Health is a **child passenger car seat** safety check site?

Richland Public Health provides about four car seats a month through the “Ohio Buckles Buckeyes” program. Income-eligible parents attend a class to learn how to install the seats. The program provides child passenger seats for children 6-months-old through booster seat age and weight.

“4 out of 5 child passenger seats are installed incorrectly,” says Health Educator and CPS Technician Reed Richmond. “Just call ahead and get an appointment to have your installation checked. Don’t feel troubled about it. These installations are sometimes complicated. We’re here to help.”

Through the “Ohio Buckles Buckeyes” program, Richland Public Health can provide FREE car seats.



Nursing students from North Central State College demonstrate how to use the Blood Pressure Cuffs.



Check out Blood Pressure kits, with carrying cases, at any Public Library in Richland County.

HEALTH PROMOTIONS/EDUCATION 2016 Grants & Programs

- Communities Preventing Chronic Diseases
- Corporate Wellness Program
- Creating Healthy Communities
- Ohio Buckles Buckeyes Child Passenger Safety Program
- Richland Public Health Website & Social Media Coordination

“Fifty percent of those with high blood pressure, even those under the care of a physician, have uncontrolled blood pressure,” says Margaret Lin, R.N., a Health Educator at Richland Public Health, sourcing American Heart Association data.

Self measuring one’s blood pressure allows individuals to track and to share those readings with their doctors to better manage their high blood pressure.

Blood pressure monitoring kits are available at all locations of the Mansfield Richland County Public Library and at the Shelby Marvin Memorial Library as an item for check out. They include an electronic blood pressure monitor, arm cuff, AC adaptor, batteries, a quick user’s guide, educational materials and a BP wallet card for tracking your numbers, as well as a survey.

Health Educator Margaret Lin discusses the Communities Preventing Chronic Disease program on WMFD-TV with “Focus on North Central Ohio” host Brigitte Coles.



A major project in 2016 in Public Health Nursing involved educating the public about the right way to put babies to sleep to reduce infant mortality. The ABC’s of Safe Sleep are **Alone**, on their **Back**, in a **Crib**.

In addition to social media and billboards with the same message, Public Health Nurses promoted the message in public speaking engagements and in newborn home visits where they distributed “Pack-n-Play” cribs like the one pictured below.

Do you know the A B C’s of Safe Sleep?



A Public Health Clinic Nurse takes care in giving back-to-school immunizations to a brave young patient.



Nurse Jennifer Crotty demonstrates for a video Richland Public Health directed to promote Safe Sleep.

PUBLIC HEALTH NURSING 2016 Highlights

Nurses in Schools (9/1 - 12/31)	4,269
Influenza Vaccine (9/1 - 12/31)	1,144
Senior Health Assessments	1,065
Newborn Home Visits	389
Pack-n-Play Cribs distributed	96
BCMh Client Visits	374
Community Health Screenings	335

Communicable Disease Investigations	
Sexually Transmitted Infections	722
Infectious Diseases	504
Influenza Cases Diagnosed	369

WIC (Women, Infants, Children) is the nation’s premier public health nutrition program.

With nutritious foods, counseling, and referral to health care, WIC helps mothers have healthier babies and pre-school children. WIC also promotes breastfeeding with education, breast pumps and our own certified Lactation Consultants.

WIC 2016 Highlights

New Participants	2,258
Recertifications	5,456
Other Contacts	6,154
Total (includes Richland and Ashland WIC clients)	13,868
WIC Food Benefits (EBT cards) redeemed	\$1,924,325.92
That’s nearly \$2 million returned to the economy in Richland County!	



Public Health Nurse Denise Close attempts to distract a youngster who is getting her flu shot.

PUBLIC HEALTH CLINIC 2016 Highlights

Immunizations (includes TB)	4,369
Wellness (Corporate/Municipal)	1,225
General Health Visits	1,139
Nurse Appointment Services	377
International Travel Vaccine	410
Reproductive Health	261
Total Visits in 2016 (not all listed)	8,099

Clinic appointments for child, adult, and travel immunizations, shingles vaccine and flu shots. Call 419-774-4700.



Nutrition Information for Pregnant Women, Breastfeeding Mothers, Infants & Children, Up to Five Years.

WIC Supervisor and Dietician Bethany Haring talks with a client about the services available in a screenshot from a video promotion done in 2016. The caption from the video captures the mission on WIC services.